



# **Connecting to the Community**

Family & Community Health Conference Crowne Plaza – Billings April 17 – 19, 2012

# Schedule of Professional Development Sessions

Tuesday, April 17		
8:00 – 10:00 am	Two Concurrent Sessions  1. Supporting a Safe Sleep Environment 2. Importance of Immunization and Childcare Immunization Requirements	
10:00 – 10:30 am	Break	
10:30 am – 12:30 pm	<ol> <li>Two Concurrent Sessions</li> <li>Preventing Childhood Injuries in the Childcare and Home Setting</li> <li>Introduction to the Center of the Social Emotional Foundations of Early Learning (CSEFEL) Pyramid Model</li> </ol>	
12:30 – 2:00 pm	Lunch – included with registration	
2:00 – 4:00 pm	Two Concurrent Sessions  1. Supporting a Safe Sleep Environment (repeat of the 8:00 am session)  2. Optimal Infant Nutrition in Childcare: How to be Breastfeeding Friendly	

Wednesday, April 18		
8:00 – 8:30 am	Welcome from the Family & Community Health Bureau, DPHHS	
8:30 – 10:00 am	Keynote – The Nine Healthiest Things Public Health Professionals Can Do for Themselves and the Families They Serve  Speaker: Robert Sweetgall – author, walker, former overweight Brooklyn boy nicknamed Butterball, chocolate cheesecake lover, chemical engineer, and more. Robert has walked across America 7 times (11,208 miles). This session will energize all of us as Robert explores how to make physical activity a funfamily experience, how much activity is necessary to make a health difference, and simple motivational ways to sustain and track one's progress.	
10:00 – 10:30 am	Break in trade show area	
10:30 am – 12 noon	<ol> <li>Three Concurrent Sessions</li> <li>Responding to Community Need: Building a Successful Rural Dental Program</li> <li>Partnership for Improving Health Outcomes and Quality of Life for Children with Special Health Care Needs</li> <li>A Crash Survival Course for Public Health Professional and Your Clients: Great Activities for Reducing Weight, Stress, Diabetes Risk, Low-Back Pain and Your Rate of Aging</li> </ol>	
12 noon 1:30 pm	Luncheon (included in registration)	

1:30 – 3:00 pm	<ol> <li>Three Concurrent Sessions</li> <li>Successfully Completing Attachments A and B: a.k.a. Maternal and Child Health Block Grant Accountability</li> <li>Adolescent Health and Sexual Assault: A Public Health Response</li> <li>Framing Food and Fitness as a Public Issue</li> </ol>
3:00 – 3:30 pm	Break in trade show area
3:30 5:00 pm	Three Concurrent Sessions  1. Implementing and Sustaining Evidence-Based Early Childhood Home Visiting  2. Infant/Toddler Mental Health  3. Addressing Community Health Needs Using Evidence-Based Guidelines

#### **Conference Networking Reception**

Our networking reception will be held Wednesday evening at the Crowne Plaza. Just step outside the door of your last session, enjoy a time to socialize with your colleagues, and be eligible to win door prizes.

Thursday, April 19		
7:30 – 8:30 am	Breakfast – included with registration	
8:30 – 10:00 am	<ol> <li>Three Concurrent Sessions</li> <li>The Montana Asthma Project: Improving Asthma Through Home Visiting</li> <li>Plan and Protect: Preparing Families for Disasters</li> <li>Lessons Learned from Maternal Mortality Review in Montana, 2003- 2009</li> </ol>	
10:00 – 10:30 am	Break in trade show area	
10:30 am – 11:30 am	Closing Keynote – Are You Worth a Penny?  Speaker: Mark Wilmarth, Vision West, Inc, Great Falls  A closing session about being worth more than our face value, how we make others feel more valuable, how we add value to others. The action is simple, the benefits are great. It is time to make a more conscious effort to be the penny others want to pick up.	
11:30 am	Conference Concludes – More Door Prizes Awarded	

## Lodging:

A block of rooms has been reserved at the Crowne Plaza at the current government rate of \$77 plus taxes. Please mention Family and Community Health Conference when booking your reservation by calling 406-252-7400. Room block open until March 30, 2012.

### Help Us Spread the Word

This year all communication about the Family and Community Health Conference is being distributed electronically. Please help us by sharing this message with your colleagues or printing one copy to display on your office bulletin board.

#### **Questions?**

Contact Gail by phone (406-442-4141) or email (gailb@mt.net)

#### Send your registration form to:

Family and Community Health Conference PO Box 217 Helena, Montana 59624